

My Follow up from the Workshop

Reflection and Action



Think about what you have seen, heard and done today. Ask yourself:
How can I use some of the information or experience of this workshop?
How might things change in our school?

Decide on **one action** you will do based on today's session (e.g., organizing a waste audit, following up with one of the presenters about their program, etc.). Give yourself a **deadline** to check in on your progress sometime before [enter date].



Write yourself a 'letter' in the space below describing what you will commit to do. Seal your letter within an envelope, write your name and school on the envelope and give it to the organizers. They will return it to you by [enter date].

Dear Me,

