

# EARTH HOUR

Friday March 25



## CUT THE POWER...START WITH ONE HOUR!

Be part of the global campaign to slow climate change.

Our schools can lead the way.

### Actions to save energy

- Classroom lights off \*
- Hall lights off \*
- Office lights off \*
- Outdoor lights off
- Photocopiers off
- Data & overhead projectors off
- Monitors off
- Computers off \*
- Laptop carts unplugged \*
- SMART boards unplugged
- Heaters off
- Coffee pots unplugged
- TVs, DVDs, VCRs unplugged

\*check with your school board to learn their policy – make sure it's safe to turn off this device!

Based on a resource developed by the Toronto District School Board

### Activities for Earth Hour

#### **AT SCHOOL**

*Brainstorm with your classmates & EcoTeam – here are some suggestions:*

- School assembly (music/performance), student created entertainment – skit or play that uses no electricity
- Invite a local storyteller/First Nations storyteller/motivational speaker
- Sustainable energy projects (wind-up flashlight, radio)
- Play educational games, sing songs, play music
- View film with an environmental message
- Go outside - interpretive hike, chalk murals, or eco scavenger hunt (see Celebrating EcoSchools guide)

#### **AT HOME**

*Take your ideas home for the global Earth Hour Saturday March 26*

- Star-gazing
- Make a green action plan for home
- Tell family stories or make recycled crafts
- Games or singing by candlelight
- Family walk or night hike
- “Campout” with sleeping bags inside



ONTARIO

ecoschools